

# Arts Ballet Academy - Schedule September 2013-May 2014

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	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	STUDIO A	STUDIO B	
1:00													
1:15													
1:45							1:00-1:45 Storybook Ballet (ages 3-4) Ms. Emily						
3:30	3:30-4:15 Creative Jazz/Tap & Acting (ages 3-4) Ms. Becca	Reserved											
3:45													
4:00													
4:15	4:15-5:15 Musical Theater 1: Voice / Choreography (ages 7-9) Mr. Boucher	4:15-5:15 Jazz & Acting 2 (ages 10-12) Ms. Becca											
4:30			4:30-5:30 Ballet 1a (beginner ages 7-10) Ms. Ane'		4:30-5:15 Pre-Jazz/Tap & Acting (ages 5-7) Ms. Becca				4:15-5:15 Open Dance Expression (ages 7-12) Ms. Pat	4:15-5:15 Pre-Ballet A (age 5-6) Ms. Emily	4:15-5:30 Ballet Kaleidoscope Dancers Levels 1b-4 5 Six-Week Sessions Alignment, Anatomy, Conditioning, Yoga, Stretching, and Topics for Dancers (Varying Staff and Guest Instructors)	Reserved for Ballet Classes, Rehearsals, and Saturday Workshops	Reserved for Ballet Classes, Rehearsals, and Saturday Workshops
4:45													
5:00							4:30-6:00 Ballet 2/3a Ms. Emily						
5:15	5:15-6:15 Musical Theater 2: Voice / Choreography (ages 7-9) Mr. Boucher	5:15-6:15 Jazz & Acting 1 (ages 7-9) Ms. Becca					4:45-6:15 Contemporary/ Modern 3 Ms. Pat		Break/Snack 1b/2				
5:30			5:30-6:30 Contemporary/ Modern 1 (ages 7-11) Ms. Becca		5:30-6:30 Pre-Ballet B (age 6-7) Ms. Ane'				5:30-6:30 Ballet 2 Ms. Emily	5:30-6:30 Ballet 1b (ages 7+) Ms. Ane'	Reserved - Private and Choreography Rehearsals		
5:45													
6:00							Break/Snack 2/3a						
6:15							Break/Snack 3b/4						
6:30			6:30-7:30 Ballet 1b (ages 7+ ) Ms. Ane'		6:30-7:30 Family Yoga Atma		6:15-7:30 Contemporary/ Modern 2 Ms. Pat		6:30-7:00 Pre-Pointe & Pointe for Ballet 2-4				
6:45	6:30-7:45 Adult Intermediate NIA Ms. Pat					6:30-8:00 Ballet 3b/4 Pointe & Ballet Technique Ms. Emily				Reserved - Private and Choreography Rehearsals			
7:00													
7:15													
7:30													
7:45													
8:00													
8:15			7:40-8:50 Kundalini Yoga for Everyone Atma										
8:30													
8:45													

### Level-Based Ballet Program Color Key

- Lavender: Storybook Ballet Classes for preschoolers ages 3 -4
- Pink: Pre-Ballet Classes (A & B) for ages 5-7
- Sky Blue Ballet Level 1a, Beginner Level for ages 7-11, open placement
- Sky Blue Ballet Level 1b, Intermediate Beginner, requires placement for ages 7-11
- Cobalt Ballet Level 2, Advanced Beginner, requires placement, for ages 8+
- Mint Ballet Level 3 & Turquoise Ballet Level 4, Intermediate, requires placement for ages 10+
- Ballet Kaleidoscope: Conditioning and Wellness for Level-Based Dancers 1b-4

### Online Registration?

- \* All Ballet Classes for ages 3-6, Ballet Level 1a, and Classes in the Musical Theater/Open Programs have online registration at [www.artsballet.com/classes](http://www.artsballet.com/classes)
- \* Classes in the Level-Based Ballet Program 1b-4 require placement and are enrolled by our staff. Please email, call, or come to our Open Houses!

### Musical Theater Program and Open Classes Color Key

- Musical Theater Voice, Dance, Choreography and Acting Classes for ages 3-12
- Contemporary & Modern Dance for Level-Based Program and Open Program ages 7-18
- Yoga for Families and Adults
- NIA: A Sensory Based Dance and Movement Class for Adults

\* **Custom Classes? We are able to arrange daytime custom classes/workshops.** Classes usually need a minimum of six students to form. These are perfect for homeschoolers and other groups and are appropriate for beginning levels. Please contact Emily Hill if you are interested in dance workshops, class demonstrations, or a class series for Girl Scout Troops or Schools.

\*Ages for classes serve as a guideline only. It is at the discretion of the instructors to place students. Arts Ballet reserves the right to cancel, add, or modify classes based on enrollment.