Arts Ballet Academy - Schedule 2015-2016 Academic Year Classes



_			11000	Warwick Boulev	ard, Newport New	rs, VA 23601 w	ww.artsballet.com	757-504-44	o artsballet@	gmail.com Emil	y Hill, Artistic Dire	ctor		,	ACADEM	T					
		MONDAY	/		TUESDAY	/	W	EDNESD.	AY	THURSDAY			FRIDAY			SATURDAY			SUNDAY		
1 1																			STUDIO A STUDIO B STUDIO C		
700	STUDIO A	STODIO B	STUDIOC	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STODIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C	STUDIO A	SIODIOR	7:00	STUDIO A	STUDIO B	STUDIOC
7:15																		/			
7:30																					
8:00																		8:00			
8:15 8:20																					
8:45																					
9:00																		9:00			
9:30															0.20 404		o Conditioning	f D			
9:45							9:30-10:45 AM			9:30-11:00 AM						9:30-10:0	o Conditioning	for Dancers			
10:00					OUTDEACH A+S+	Andrew's Episcopal	Yoga Beate Rose			Adult NIA						Advanced Ballet		Intermediate Ballet :	Indian		
10:30						nool	z zacz ność			Mrs. Jones						Levels 5-6 (4s by		4 (ballet 2 by	Dance		
10045									·							invitation) Ms. Carpio		invitation) Mrs. Fantauzzo	Classes Heta Traveti		
11:15					3:00-4:00 Pre-Musical Th SAES I	neater Ages 5-7 register at Mrs. Hill										ms. carpio		T GINGUZZO	navea		
11:30																	30-11:45Break/S	nack			
11:45																11:45-12:45 Adv. Pointe &		11:45-12:45 Pre			
12:15											12:00-1:30					Variation		Pointe/ Pointe Mrs. Fantauzzo			
12:30					preschool lunch bunch						Musical Theater 1	12:00-1:15 Kundalini Yoga Mrs. Khalsa				Ms. Carpio					
12:45	Reserved				and storytime						Homeschool Ages 7-12					12	12:45-1:00 STRETCH CLASS				
1:15					1:00-1:50 Storybook Ballet Ages 3-4						5,										
1:30					Mrs. Hill								Reserved								
1:45																					
2:15										Open Studio Reserved						=					
2:30										for Advanced Students Mrs. Hill, Ms. Carpio, Ms.											
3:00										Brown			2:30 or 2:45-4:30			-					
3:15				Ballet Levels 5-6 Ms. Brown				3:00-4:00 Art & Design for Ballet 1-6					Advanced Ballet/Pointe			Reserved for Workshops	or Workshops	Chreography			
3:30								Students Mrs. Hill & Faculty		1:45-2:45 Teen/Adult Pilates	3:30-4:20 Storybook	3:30-4:30 Youth Yoga	Levels 5-6			Rehearsals Ballet/M					
3:45 4:00						1b arrival time			1b arrival time	Ms. Brown	Ballet Ages 3-4 Mrs.	Ages 5-10 Mrs.	Mrs. Hill								
4:15						io arrival time	4:00-5:00 Intermediate Modern	4:00-5:00 Acting	io arrival time	,	Brinkman	Khalsa			4:00-5:00 Beginning Jazz						
4:30			4:30-5:15	4:15-5:45 Advanced			Contemporary 3	for Ages 12-18 Mrs. Lahris			442.0 542.0 Dec		Kaleidoscope for Dan	cers & Athletes Level	October-November						
4:45	4:30-5:45 Ballet	4:45-5:45 Pre-	Modern 2A Mrs. Jones	Modern Contemporary		4:30-5:45 Ballet 1B & Modern 1	Mrs. Jones		4:30-5:45 Ballet 1B &	4:30-6:00 Advanced	4:30-5:30 Pre- Ballet B 6-7s	4:30-6:00 Intermediate Ballet	2/3-Co	ollege	Mrs. Fantauzzo						
5:00	2B Ms. Brown	Ballet A 5-6s	Mrs. Jones			Mrs. Hill	5:00-6:30	5:00-6:00 Musical Theater: Voice &	Stretch Mrs. Hill	Ballet Levels 5-6	Mrs. Brinkman	3/4 & Pre-	PT/Strength/Conditi Semester,	oning/Health Year, or Month							
5:30		Ms. Freeman	5:15-6:30	Mrs. Jones			Open Ballet/Jazz/	Repertoire		Ms. Carpio		Pointe/Pointe Ms. Brown	Intermed/Advanced								
5:45	5:45-6:30		Ballet 2A	5:45-6:15			Modern/Improv 2 Ages 11-18	Conni Ironmonger	5:45-6:45				Jazz Session 1								
6:00		6:00 Ballet 4-6	Mrs. Strunk	Modern 3		5:45-7:15	Mrs. Jones	6:00-7:00	Musical Theater 1: Jazz-Voice-Acting	6			(Sep 18-Nov 20) Mrs. Fantauzzo					6:00			
6:15	Mrs. Jones	Pointe/Pilates				Ballet 2A		Acting for Ages 9-	Ages 6-9	6:00-7:30 Adult/Teen	6:00-7:30		III S. Falltauzzo		-				-		
6:45			6:00-8:00	6:15-8:00		Mrs. Strunk		12 Mrs. Lahris	Mrs. Strunk	Intermediate	Ballet 2B										
7:00	6:30-8:00 Adult Intermediate NIA		Advanced	Intermediate Ballet 3/4						Ballet/Modern Class Mrs. Jones	Ms. Brown							7:00			
7:15	Mrs. Jones		Intermediate Ballet 4	Ms. Brown																	
7:30			6 Ms. Brown																		
7:45 8:00						7:30-8:45 Kundalini												8:00			
8:15						Yoga Mrs. Khalsa													1		
8:30																					
8:45																					

ı	Program Color Key							
Ī	Early Childhood Program (Young Dancers and Kindermusik)							
ı	Kindermusik Family Time Movin' & Grovin' Ages 0-7							
	Lavender: Classes for preschoolers ages 3 -4							
	Pink: Pre-Ballet Classes (A & B) for ages 5-7							
_	Level-Based Ballet Program and Pre-Professional Division							
	Sky Blue Ballet Level 1a, Beginner Level for ages 7-9, open placement							
	Sky Blue Ballet Level 1b, Intermediate Beginner, requires placement for ages 7-11 (2+ ballet/modern per week)							
	Cobalt Ballet Level 2, Advanced Beginner and Beginning Intermediate, requires placement, for ages 8+ (2+ ballet/1 modern pe							
L	Green Ballet Level 3, Intermediate Classes, requires placement for ages 10+ (3+ ballet/1 modern per week)							
	Turquoise Ballet Level 4, Advanced Intermediate Classes, requires placement for ages 12+ (4+ ballet/1 modern per week)							
	Advanced Ballet Level 5-6, Black/Fuschia/Any Color, requires placement for ages 14+ (5+ ballet/1+ modern classes per week)							
	Art and Design Classes for enrolled students							
į	Musical Theater Program							
L	Musical Theater Jazz, Acting, Tap, Choreo Classes (placement by age and skill)							
_	Open Enrichment Program							
L	Open Dance Classes for Ages 8+, Includes a Combination of Dance including Ballet, Modern, Jazz, and Improv							
	Conditioning Classes: Pilates & Kaleidoscope for Dancers & Other Student Athletes ages 10+ Faculty and Guest Instructors							
4	Adult Program							
L	Adult Dance Classes in NIA and Ballet/Modern							
	Yoga Classes							

classes accept new students year-round.

- Register Online, by Phone, or in Person

 * All Classes have online registration at www.artsballet.com/registration or you can register in person. * Classes in the Level-Based Ballet Program 1b-6 require placement and are enrolled by our staff because of scheduling options and prerequisites. Please email, call, or come to our Open Houses in Aug/Sep! These
- * Ages for classes serve as a guideline only. It is at the discretion of the instructors to place students. * Arts Ballet reserves the right to cancel, add, or modify classes based on enrollment.
- Custom Classes? We are open to forming a class for you! Classes need a minimum of six students to
 form. We also offer dance workshops, class demonstrations, or a class series for Gift Scout Troops or
 Schools. Please contact Emily lill if you are interested. 757:504.4450 or artshallet@gmail.com