

# 2024 SUMMER PROGRAM

AGE 10+/INT.  
LEVELS 3A-3B-3C



Register online at [artsballet.com](http://artsballet.com), email [artsballet@gmail.com](mailto:artsballet@gmail.com), or call 757.504.4450

Founding Artistic Director: Emily Hill • Co-Directors of Summer Programs: Brooke Cousins & Samantha Brittain

Through a combination of ballet, contemporary, choreography, flexibility, conditioning, and other styles of dance, students will improve their technique, strength, artistry, and self-confidence. Dancers will also explore art, music, anatomy, health and dance history topics. Each week concludes with a parent showcase performance.

**Intermediate Dancers** are students ages 10+ with 3+ years of level-based ballet (Arts Ballet's levels 3/4) who are beginning intermediate to advanced intermediate. Students finishing or entering level 3a or above at Arts Ballet are eligible.



New students are welcome! We are happy to meet new students for a **placement appointment!**

## Week 1: Contemporary & Choreo Dance Lab

June 10-14 from 12-4:30p or 2-4:30p | Lev 3-6 | Int./Adv.

Instructors: Brooke, Sam, Thomas, and Ciara

## Week 2: Cinderella Midsummer Fairies Workshop

June 17-21 from 9-4:30 or 1-4:30p | Ages 7-Teen | Beg./Jr./Int.

Instructors: Brooke, Sam, Thomas, and Guests

## Week 3: Firebird June Intensive

June 17-21 from 9-4:30 or 1-4:30p | Ages 10+ Lev 3-6 | Int./Adv.

Instructors: Brooke, Sam, Thomas, and Guests

## Week 4: The 12 Dancing Princesses July Intensive

July 8-12 | 9-5p Int/Adv | Ages 8-20 | Jr./ Int./Adv. Levels

Instructors: Brooke, Sam, Thomas, and Guest Kristina Lorelli

## Week 5: Snow White & the Seven Dwarfs Workshop

July 22-26 | 9-4:30p or 1-4:30p | Ages 7-Teen | Beg./Jr./Int.

Instructors: Brooke, Sam, Thomas, and Guests

## Week 6: Aladdin Dance & Musical Theater Workshop

August 5-9 | 9-4p | Ages 7-Teen | Beg./Jr./Int.

Instructors: Ciara, Sam, Thomas, and Guests

## Week 7: August Pre-Season Intensive

August 12-16 | 9-5p Int/Adv. | Ages 8-Adult | Jr./ Int./Adv.

Instructors: Brooke, Sam, Thomas, and Guests

Dive into all-day classes in classical ballet, pointe, modern, jazz/ tap, contemporary, choreography, variations, Pilates, PBT, Feldenkrais Method, conditioning, flexibility, and more! All levels will be grouped by skill and will explore repertoire, acting, dance history, nutrition, and art. Choreography begins for our 2024-25 Season of Nutcracker and our Spring Ballet!

## Week 8: Little Mermaid Musical Theater Workshop

August 19-23 | 1-4:30p

Ages 7-9 & 9-12 | Beg./Jr./Int.

Instructors: Ciara, Brooke, Sam, Guests

Summer  
Take More, Save More

# \$35

Membership Discount Program

### BENEFITS:

- \$20 off half-day camp weeks
- \$30 off full-day camp/intensive weeks

Summer Unlimited

# \$300<sub>mo.</sub>

for June, July, August  
full access pass

### COST:

**1/2-Day Camps:** \$160 non-members or  
\$140 with Take More, Save More Membership

**Full-Day Weeks:** 1-week \$275 each  
or \$245 per week with Take More, More Save More Membership

**Summer Unlimited Gold Membership:** \$300/mo June/July/Aug  
Unlimited camps/classes/workshops/intensives



Class size is limited. A minimum enrollment is established for each class and must be met at least five days prior to the first class meeting. You may cancel up to two weeks before the class and receive a refund less a \$10 handling fee. After that time, no refunds can be made. If Arts Ballet cancels the program, a full refund will be issued. Please email or call us with any questions or to schedule a placement appointment.